

FOR IMMEDIATE RELEASE

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Learn Skills to Lead Engaging Support Groups for Girls
Girls Circle Facilitator Training Being Offered

The Monroe County Active Balanced Community Initiative will be sponsoring Girls Circle Facilitator Training to promote resiliency in adolescent girls. Girls Circle Facilitator Training, Promoting Resiliency in Adolescent Girls is a timely workshop that provides adults with a solid, progressive framework of applicable skills to facilitate gender-specific programs for girls.

The training is a workshop for service providers, educators, therapists, probation officers, social workers, mental health workers, and other community volunteers who support girls' growth and development. Girls Circle training has been applied to programs such as positive youth development, juvenile probation, schools, health education, boys and girls clubs, substance abuse prevention, pregnancy prevention, outdoor adventure groups, and gang-prevention.

“This training has been rated a promising approach by the office of Juvenile Justice and Delinquency Prevention,” said April Corie, co-coordinator of the Active Balanced Community Initiative.

Training is focused on what can be done to encourage adolescent girls to enhance judgment and critical thinking skills. Suggesting how girls can stay true to themselves, making wise and healthy choices and decisions. Once trained the facilitators will be able to help adolescent girls strengthen their ability to make choices that are consistent with their values, interests, and talents?

The training is open to the public and will be held December 14 and 15 from 8:00 AM to 4:30 PM (mandatory full 2-day attendance required). There will be a \$50.00 charge to participants. Scholarships are available to senior citizen volunteers.

Registration forms can be found on the website at www.activebalancedcommunity.org or by contacting April Corie at Active Balanced Community, at 734-242-1331 extension 23. Registration deadline is November 30.

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