

FOR IMMEDIATE RELEASE

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Active Balanced Community
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Helping You to...HELP GIRLS

Helping You to...HELP GIRLS is the title of a training session designed to address issues related to working with girls in our community, while understanding their uniqueness and weaving a web of support. The training is scheduled for May 4, 2006, 9:00 am to 12:00 pm at the Monroe County Intermediate School District, 1101 South Raisinville Road.

This workshop is designed for service providers, educators, therapists, probation officers, social workers, mental health workers, & others who support girls' growth and development. Sandra Metcalf, Assistant Juvenile Services Director of the 20th Judicial Circuit Court will lead the session.

Ms Metcalf has held various positions within Juvenile Justice including therapeutic probation officer, federal grants coordinator, family therapist and several management positions.

Currently, she is responsible for the daily, operational aspects of the Court that include the intake, probation, programs, diversion and treatment units. She is the contracted, female-services consultant for the State of Michigan and is a certified trainer on brain-based/nature-based theory.

Ms. Metcalf has trained on various topics including the neurobiological differences between boys and girls, female-responsive programming, grant writing, cutting and self-mutilation,

organizational/program strategic planning, curriculum development, female mental health issues, etc. on local, state and national levels. In addition, she has conducted gender-responsive needs assessments and evaluations for various organizations.

Ms. Metcalf has a particular passion for female-responsive programming and wellness. In 2003, she co-founded Integration By Design, a non-profit corporation offering gender-specifically designed youth programs, curriculum development and community integration consultation. She has co-authored two books on wellness designed for adult and juvenile, female offenders. She has also authored a female-specific, HIV/STD peer-to-peer, educational curriculum.

Registration fee \$25.00 and deadline for registration is May 1, 2006. Registration forms can be obtained from the Active Balanced Community website www.activebalancedcommunity.org.

For more information contact April Corie at 734-242-1331 or aprilcorie@yahoo.com.

Monroe County Child Advocacy Network and Active Balanced Community Initiative are jointly sponsoring the workshop. Monroe Business and Professional Women will provide a continental breakfast.

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